

Vocalises

1

Diaphragme

I é è a, i é è a etc.

2

Diaphragme

A é i a i é a é i é a a a a a a a a a a i a

3

Longueur de souffle on ne respire qu'à la fin de l'exercice !

Oh ... resp.

4

Longueur de souffle - on ne respire qu'en fin de ligne

O... o a o - a resp.
o a o - a o - a resp.
o - a, o - a resp.
o - a o o a resp.

5

Résonateurs (insister sur le "m" bouche fermée)

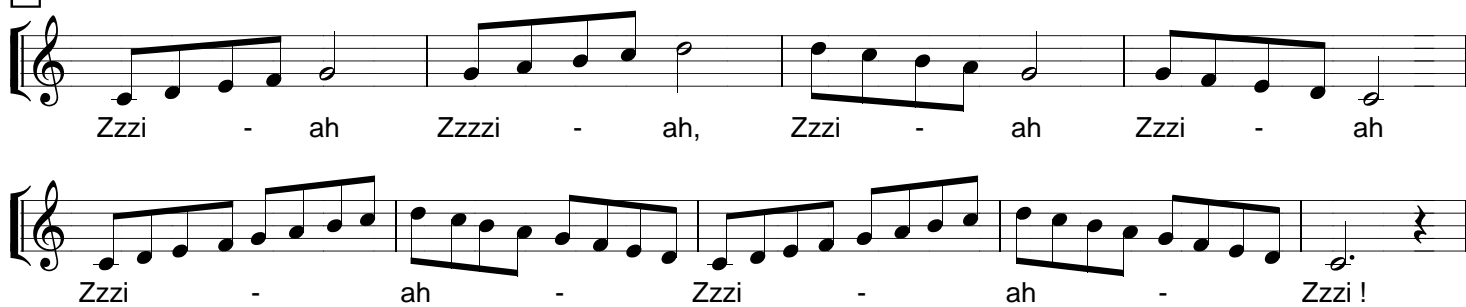
Mioum...
Mioum ...

6

Résonateurs (insister sur le "m" bouche fermée)


Dom di didom di di dom di di di di di dom di di dom di di dom di di di di di di dom.

7 synchronisation résonateurs cavité bucco-nasale et cordes vocales... allonger le Zzzz



Musical notation for exercise 7, consisting of two staves. The first staff contains four measures of music with lyrics: "Zzzi - ah", "Zzzzi - ah,", "Zzzi - ah", and "Zzzi - ah". The second staff contains four measures of music with lyrics: "Zzzi - ah", "ah - Zzzi - ah", "ah - Zzzi !". The notes are primarily eighth and quarter notes, with some longer notes for the "ah" vowels.

8 Stimulation du voile palatal



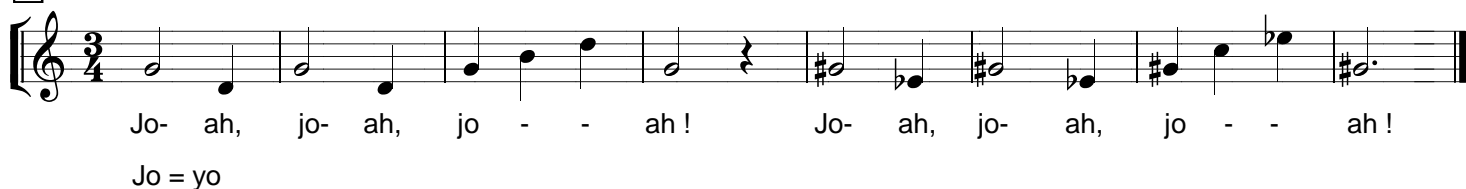
Musical notation for exercise 8, consisting of one staff. The first measure has the lyrics "Jun - ge,". The next three measures have the lyrics "jun - ge," and each contains a triplet of eighth notes. The final measure has the lyrics "jun- ge !".

à l'allemande : Jun = youn

renforcer la consonne glissante : "yu"

ge = ng , en favorisant l'explosion de l'arrière du voile palatal

9



Musical notation for exercise 9, consisting of one staff. The first four measures have the lyrics "Jo- ah,", "jo- ah,", "jo - - ah !", and "Jo- ah, jo- ah, jo - - ah !". The notes are quarter and eighth notes. The last measure has a sharp sign on the note.

Jo = yo